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(Revisions not in Script)

ISSUE II

*(This Bulletin has been revised to fully define TRs and to include data on the cycle of communication upon which the TRS are based.)*

### **TRAINING DRILLS RE-MODERNIZED**

This HCOB cancels the following:

Original	HCOB 17 Apr 61	TRAINING DRILLS MODERNIZED
Revised	HCOB 5 Jan 71	TRAINING DRILLS MODERNIZED
Revised	HCOB 21 Jun 71 III	TRAINING DRILLS MODERNIZED
	HCOB 25 May 71	THE TR COURSE

(REFERENCES: HCOB 5 Apr 73R AXIOM 28 AMENDED  
Rev. 4.9.80  
HCOB 23 Sep 79 CANCELLATION OF DESTRUCTIVE BTBs AND BPLs ON TRs  
HCOB 24 Dec 79 TRs BASICS RESURRECTED  
HCOB 18 Apr 80 TR CRITICISM  
HCOB 5 Apr 80 Q & A, THE REAL DEFINITION)

This HCOB is to replace all other issues of TRs 0-4 in all packs and checksheets, excepting those TRs Booklets specifically designed for Div 6 Courses.

### **TR's DEFINITION**

The term "TR's" is an abbreviation for Training Regimen or Routine. TR's are also often referred to as Training Drills.

While each individual TR drill has its own specific purpose, the overall purpose and definition of TRs is given here fully and finally:

*TR's are methods of drilling the communication formula and becoming expert in its handling and use.*

That definition applies to any TR. At times over the years when it has been dropped out or obscured or misunderstood, auditor training quality and results have suffered.

Therefore, this full and final definition is to be posted in large letters in any course room where Professional TR's are taught. It should be emblazoned upon the foreheads and minds of TR Course Supervisors and all students on TR's Courses in training to become auditors. It should be known broadly and understood and emphasized.

In 1971, due to the following factors, I found it necessary to modernize TR's 0 to 4.

1. The auditing skill of any student remains only as good as he can do his TRs.
2. Flubs in TR's are the basis of all confusion in subsequent efforts to audit.
3. If the TR's are not well learned early in Scientology training courses, the balance of the course will fail and supervisors at upper levels will be teaching not their subjects but TR's.
4. Almost all confusions on Meter, Model Sessions and Scientology or Dianetic processes stem directly from inability to do the TR's.
5. A student who has not mastered his TR's will not master anything further.
6. Scientology or Dianetic processes will not function in the presence of bad TR's. The preclear is already being overwhelmed by process velocity and cannot bear up to TR flubs without ARC breaks.

*These factors hold very true today and always will.*

Academies were tough on TR's up to 1958 and have since tended to soften. Professional TRs Courses are not a tea party.

The TR's given here should be put in use at once in all auditor training, in Academy and HGC and in the future should never be relaxed.

A more gradient approach to TR's is taught on specially packaged co-audits for those with no prior technical training, where the same degree of flawlessness and skill demanded of a professional auditor is not demanded of the untrained co-auditor.

And there is still another gradient of TR's found on courses for new public in Division 6, where the person is getting his first experience in handling communication in his life and livingness.

*But on a Professional TR's Course for auditors absolutely no standards are lowered. Professional auditors in training are given real TR's – rough, tough and hard. To do otherwise is to lose 90% of the results. There is nothing pale and patty-cake about TR's.*

*This HCOB means what it says. It does not mean something else. It does not imply another meaning. It is not open to interpretation from another source.*

## THE A-R-C TRIANGLE

As TR's are methods of drilling the communication cycle, one cannot expect to master TR's without familiarity with that cycle. And basic to the drilling or any real use of the comm cycle is an understanding of Affinity, Reality and Communication, which make up the ARC Triangle.

There is no attempt here to repeat all of the existing data on the ARC Triangle and its use. Any student put on TR's must first have done a sound study of this theory. The data exists in the books:

*THE PROBLEMS OF WORK*, Chapter 6: Affinity, Reality and Communication

*THE FUNDAMENTALS OF THOUGHT*, Chapter 5: The ARC Triangle

*DIANETICS 55!*

and in various HCOB Bulletins in the Technical Volumes.

A student ready for TR drills would know and would have demonstrated how Affinity, Reality and Communication interrelate. He would be familiar with how one improves the level of ARC by first raising one side of this important triangle in order to raise the next side and the next, and how ARC brings about Understanding.

When he has that data, he's better prepared to handle the comm cycle.

## THE FULL CYCLE OF COMMUNICATION

### *Communication Defined*

*If one were to put it very simply, it could be said, correctly, that communication is the interchange of ideas across space.*

*A finer statement of this is given in the following definition from Axiom 28:*

*Communication is the consideration and action of impelling an impulse or particle from source-point across a distance to receipt-point, with the intention of bringing into being at the receipt-point a duplication and understanding of that which emanated from the source-point.*

*The simplest statement of the formula of communication is Cause-Distance-Effect.*

*When we do a close inspection of this formula and the cycle involved, its many elements come to view.*

## ***The Parts of The Full Communication Cycle***

*The full cycle of communication is made up of these components: Observation, Confront, Consideration, Intention, Attention, Cause, Source-point, Particle or Impulse or Message, Distance, Estimation of Distance, Control (StartChange-Continue-Stop), Direction, Time and Timing, Velocity, Volume, Clarity, Interest, Impingement, Effect, Receipt-point, Duplication, Answer, Acknowledgement, Understanding. It also includes Nothingness or Somethingness.*

Each TR drill is designed to train the student in one or more of these various components, until he has become expert in handling each part of the communication cycle and the communication cycle as a whole.

When a student understands and has fully demonstrated the basic theory of communication in clay, including the theory of the ARC Triangle and how it works in practice and the use of the communication cycle and all of its parts, he is well equipped to begin his training in TR's.

### **DRILLING TRS ON A PROFESSIONAL TRS COURSE**

The student first studies the TR, clears any misunderstood words in it and makes sure he understands it. Then he drills it. He must do TR's.

If during the drilling he has questions about the TR, he restudies it and gets right back onto drilling it.

At no time may a coach or supervisor give a verbal interpretation of the HCOB. All queries and questions are handled by referring the student to the HCOB, getting him to restudy or re-word clear the drill. Then getting him to *do* the drill.

In addition to this Bulletin, the supervisor may have the student and his twin study, in HCOB 18 Apr 80 *TR CRITICISM*, the section on the specific TR drill they are trying to do.

On professional TR's, done the hard way, students drill each TR to a pass, one at a time.

This is the rough, tough way it was done earlier, in the '60s, with results. The earlier action of getting a student through each TR itself, one at a time, and increasing the gradient of toughness as he does that TR, is what has proven successful.

If a student has trouble and hangs up and can't pass an upper TR, he hasn't made it on the lower TR's. This has been proven conclusively. Start him back at the beginning of the TR's again. He re-drills each TR until he does it competently to a pass.

If he then hangs up on the lower TR's, you would put him all the way back to restudy ARC and the cycle of communication, as there will be something there, he hasn't grasped.

TR's are coached and supervised with attention and with the intention of getting the student to win. By win we mean honestly mastering each TR as he goes.

There's got to be a supervisor there to ensure this occurs.

Lax, permissive coaching or lax, permissive supervision have no place on a Professional TR's Course. They are simply an extension of the permissiveness of modern education where nobody winds up educated. This is not how we train. Permissiveness is nothing more than a symptom of the inability to confront.

A professional TR's Course is taught and taught hard, not permissively.

The above points are those which make up the expertise of how it is done. There are not many of these points, but they have to be emphasized.

## **TRAINING DRILLS 0-4**

These TR's are done exactly per this HCOB without added actions or change.

### **OT TR-0**

**NUMBER:** OT TR-0 1971 REVISED 1980

**NAME:** Operating Thetan Being There

**THEORY:** OT TR-0 is the drill which provides an undercut to the actual use of the communication formula. For any communication to take place, it requires somebody there. On OT TR-0 the student is drilling simply being there as potential Cause or Source-point or potential Effect or Receipt-point.

**COMMANDS:** None.

**POSITION:** Two students sit facing each other with eyes closed, a comfortable distance apart – about three feet.

**PURPOSE:** To train the student simply to be there comfortably. The idea is to get the student able to BE there comfortably in a position three feet in front of another person, to be there and not do anything else but be there.

**TRAINING STRESS:** Students sit facing each other with eyes closed. There is no conversation. This is a silent drill. There is no twitching, moving, confronting with a body part, “system” or vias used or anything else added to be there. One will usually see blackness or an area of the room when one's eyes are closed. Be there, comfortably. This does not mean the student is supposed to be completely unfeeling or unaware. And he does not get into a figure-figure or go into weird additives or considerations. There is no complexity to this drill. It means exactly what it says – simply be there, comfortably.

Students do not coach each other on OT TR-0. The Supervisor does the coaching, covering the whole classroom, spotting any twitches, squirming, etc., and flunking them.

If a student goes to sleep or starts boiling off, the supervisor gets him back onto the drill. He simply keeps the students at it.

**PATTER:** None for students. Supervisor starts the drill with “Start” and uses, “That's it” to terminate the drill. When he needs to flunk a student, he uses “Flunk,” and indicates what the flunk is on. When a student can BE there comfortably for some time, the drill is passed.

**NOTE:** OT TR-0 would only be coached on a student by his twin if the student had flunked a later TR and been put back onto OT TR-0. It is then up to his twin to get him through, coaching him as the supervisor would, with the supervisor also keeping an eye on it. This means the student coach (who would have his eyes open for this coaching) sits across from the student who is doing OT TR-0, observing him and flunking twitches, squirming, etc. During this coaching, the coach would use “Start,” “Flunk” and “That's it” as given in the patter section above.

**HISTORY:** Developed by L. Ron Hubbard in June 1971 to give an additional gradient to confronting and eliminate students confronting with their eyes, blinking, etc. Revised by L. Ron Hubbard in August 1971 after research discoveries on TR's. Further revised by L. Ron Hubbard in 1980 to clarify coaching of OT TR-0 and emphasize the drill as a gradient to actual confronting.

## **TR-0**

**NUMBER:** TR-0 CONFRONTING REVISED 1961 RE-REVISED 1980

**NAME:** Confronting

**THEORY:** On TR-0, in addition to potential Cause or Source-point or potential Effect or Receipt-point, the following parts of the comm cycle are entered in: Observation, Distance, Consideration, Attention, Confront.

**COMMANDS:** None

**POSITION:** Student and coach sit facing each other with eyes open, a comfortable distance apart – about three feet.

**PURPOSE:** To train student to confront another person with auditing only or with nothing. The whole idea is to get the student able to be there comfortably in a position three feet in front of another person, to be there comfortably and confront and not do anything else but be there and confront.

**TRAINING STRESS:** Have student and coach sit facing each other, neither making any conversation or effort to be interesting. Have them sit and look at each other and say and do nothing for some hours. Student must not speak, fidget, giggle, be embarrassed or anaten, or exhibit any reactive body motion which would be distractive to a pre-clear.

TR-0 requires some coaching. It can be done un-coached for an initial period to accustom students to confronting and to permit some time for student to get through the initial manifestations he may encounter when first doing the drills. Thereafter, the drill is coached on a student by his twin, and vice versa, on a turnabout basis.



It will be found the student tends to confront with a body part, rather than just confront, or tends to use a system of confronting rather than just be there. This can show up in any number of ways including fidgeting, giggling, twitching, or any distractive motion or manifestation. Flunks are given for those as they are indications of non-confront, and they would be taken up and coached on the drill.

Automatic body functions which are not distractive, such as normal breathing, swallowing, blinking, are not taken up by the coach or the supervisor.

To clarify what has been known in the past as “Blinkless TR-0,” the statement should be made that this does not mean the person never blinks. It is defined here finally and in full to mean that when a person's TR-0 is in he doesn't exhibit manifestations of inability to confront, including blinking nervously or flinching or doing anything else that would be distractive to a PC and shows a non-confront.

**PATTER:** When TR-0 is coached, coach uses “Start” to begin the coaching period. He uses “Flunk,” when the student shows any manifestation of non-confront, indicates what the non-confront is, and uses “Start,” to begin the drill again. “That's it” is used to terminate the drill.

**NOTE:** The drill is mis-named if Confronting means to do something to the person. The whole action is to accustom an auditor to being there three feet in front of another person without apologizing or moving or being startled or embarrassed or defending self.

Confronting with a body part can cause somatics in that body part being used to confront. The solution is just to be there and confront. On a Professional TR's Course the student passes when he can just be there and do a straight, uninterrupted 2 hours of good, acceptable confront.

**HISTORY:** Developed by L. Ron Hubbard in Washington in March 1957 to train students to confront preclears in the absence of social tricks or conversation and to overcome obsessive compulsions to be “interesting.” Revised by L. Ron Hubbard in April 1961 on finding that SOP Goals required for its success a much higher level of technical skill than earlier processes. Revised by L. Ron Hubbard in August 1971 after research discoveries on TR's. Further revised in 1980 by L. Ron Hubbard to clarify “Blinkless TR-0” and coaching, and to include theory on the communication cycle.

## **TR-0 BULLBAIT**

**NUMBER:** TR-0 BULLBAIT REVISED 1961 RE-REVISED 1980

**NAME:** Confronting Preclear Bullbaited.

**THEORY:** On TR-0 Bullbaited the student drills being there as potential Cause or Source point and being there as Effect or Receipt-point, with Duplication. He is also drilling Observation, Distance, Consideration, Attention, Confront and particularly confronting a pre-clear who is being Cause or Source-point. The gradient of confront is increased on this drill, with emphasis on the fact that the student is confronting a pre-clear no matter what the preclear says or does.

**COMMANDS:** Coach: “Start” “That's it” “Flunk”

**POSITION:** Student and coach sit facing each other a comfortable distance apart – about three feet.

**PURPOSE:** To train student to confront a preclear with auditing or with nothing. The whole idea is to get the student able to be there comfortably and confront a preclear in a position three feet in front of the pre-clear without being thrown off, distracted or reacting in any way to what the pre-clear says or does. It is on TR-0 Bullbaited that the student learns to confront a pre-clear.

**TRAINING STRESS:** After the student has passed TR-0 and he can just BE there comfortably and confront, “bull baiting” can begin. Anything added to being there and confronting the preclear is sharply flunked by the coach. Twitches, sighs, fidgets, anything except just being there is promptly flunked, with the reason why.

**PATTER:** Student coughs. Coach: “Flunk! You coughed. Start.” This is the whole of the coach's patter as a coach. Coach then repeats whatever he had said or done that caused the student to react. He continues to coach the student on that “button,” flattening it to a win for the student before going on to another button or other bullbaiting.

Button: An item, word, phrase, subject, voice tone, mannerism, anything that causes a person to react, causes him discomfort, embarrassment, upset or to laugh uncontrollably, etc. It is called a “button” because when you push it you get a reaction.

**PATTER AS A CONFRONTED SUBJECT:** Bullbaiting is done on a gradient, giving the student lighter situations to begin with so student is not plunged into overwhelm at the start. Coach gets the student through the lighter situations and confronting those, then gradually stiffens the gradient, giving the student more and more to confront. The coach may say anything or do anything except leave the chair. The student's “buttons” should be found (these will be spotted by the coach during drilling) and each button flattened before it is left. A button is never left un-flat. Any words that are not coaching words may receive no response from the student. If the student responds, the coach is instantly a coach (see patter above). Student passes when he can BE there comfortably and confront a preclear without being thrown off or distracted or reacting in any way to anything the coach says or does.

**HISTORY:** Developed by L. Ron Hubbard in Washington in March 1957 to train students to confront preclears in the absence of social tricks or conversation and to overcome obsessive compulsions to be “interesting.” Revised by L. Ron Hubbard in April 1961 on finding that SOP Goals required for its success, a much higher level of technical skill than earlier processes. Revised by L. Ron Hubbard in August 1971 after research discoveries on TR's. Further revised by L. Ron Hubbard in 1980 to emphasize the purpose of TR-0 Bullbaited and to include data on “buttons,” and the comm cycle.

## **TR-1**

**NUMBER:** TR-1 REVISED 1961 RE-REVISED 1980

**NAME:** Dear Alice

**THEORY:** On TR-1, the student is using Observation, Consideration and confront as previously drilled. He is also drilling being Cause or Source-point, awareness or Effect of



Receipt-Point, and as Cause getting a Message (or Impulse or Particle) across a Distance to Receipt-point with Attention, Interest, Control, correct Direction, correct estimation of Distance, Time and correct Timing, correct Velocity, correct Volume, Clarity and Impingement, and with the Intention that it is received and duplicated at Receipt-point.

**PURPOSE:** To train the student to deliver a command newly and in a new unit of time to a preclear without flinching or trying to overwhelm or using a via, and to deliver a command with the intention that it is received.

**COMMANDS:** A phrase (with the “he said” omitted) is picked out of the book Alice in Wonderland and read to the coach. It is repeated until the coach is satisfied it arrived where he is. In other words, it must be received by the coach.

**POSITION:** Student and coach are seated facing each other a comfortable distance apart.

**TRAINING STRESS:** The command goes from the book to the student and, as his own, to the coach. It must not go from book to coach. It must sound natural not artificial. Diction and elocution have no part in it. Loudness may have.

The coach must have received the command (or question) clearly and have understood it before he says “Good.” The operative word here is received. The communication must be received at Receipt-point as when that has occurred duplication can take place.

Any datum that every command must sound exactly like the last command is false. Each question or command is delivered in a new unit of time. When that does not occur, the same tonality will be noted, command after command, and the student appears robotic. A command delivered naturally is one that is delivered newly in a new unit of time. Don't buy an unchanging student or a wrongly done TR. If a student is unchanging (delivers 3 or 4 robotic TR-1's in a row) flunk him, coax him to do it correctly, make sure he knows and understands the drill and do all possible to get him delivering a command naturally that arrives. But if there is still no change, put him back on OT TR-0 as he hasn't made it on his lower TR's.

**PATTER:** The coach says “Start,” says “Good,” without a new start if the command is received. He says “Flunk” if the command is not received. “Start,” is not used again. “That's it” is used to end the activity or to terminate for a brief discussion. Any discussion is kept to a minimum. If student has a question it is acknowledged, student studies the TR again for any necessary clarification and is put back on the drill. If session is terminated for a discussion, coach must say “Start,” again before it resumes.

This drill is passed only when the student can put across a command naturally, without strain or artificiality or elocutionary bobs and gestures, and when the student can do it easily and relaxedly. When the coach thinks the student has done it he asks the student if he has done it. If the coach is satisfied that he is receiving the commands, each newly in a new unit of time, and the student is satisfied that he has done it, he passes on to the next TR.

**HISTORY:** Developed by L. Ron Hubbard in London, April 1956, to teach the communication formula to new students. Revised by L. Ron Hubbard in 1961 to increase auditing ability. Further revised by L. Ron Hubbard in 1980 to emphasize the purpose of the drill and to include theory on the comm cycle.

**NUMBER:** TR-2 REVISED 1978 RE-REVISED 1980

**NAME:** Acknowledgments.

**THEORY:** On TR-2, the student is using all of those parts of the comm cycle previously drilled. He is also drilling switching from Cause (Source-point) to Effect (Receipt-point) in order to receive, Understand and Duplicate the preclear's Answer, and then back to Cause to give the Acknowledgement. The real emphasis here is on the drilling of Control (the Start-Change-Stop of a communication), as he uses the Acknowledgement to bring the communication to a full stop. Timing, Velocity, Volume and Impingement also enter into this drill.

**PURPOSE:** To teach the student that an acknowledgement is a method of controlling preclear communication and that an acknowledgement is a full stop. The student must understand and appropriately acknowledge the comm and in such a way that it does not continue the communication.

**COMMANDS:** The coach reads lines from "Alice in Wonderland," omitting the "He said" and the student thoroughly acknowledges them. The student says "Good," "Fine," "Okay," "I heard that," anything only so long as it is appropriate to the PC's communication – in such a way as actually to convince the person who is sitting there as the pre-clear that he has heard it. The coach repeats any line he feels was not truly acknowledged.

**POSITION:** Student and coach are seated facing each other at a comfortable distance apart.

**TRAINING STRESS:** Teach student to acknowledge exactly what was said so preclear knows it was heard. Ask student from time to time what was said. Curb over and under acknowledgement. Let student do anything at first to get acknowledgement across, then even him out. Teach him that an acknowledgement is a stop, not beginning of a new cycle of communication or an encouragement to the pre-clear to go on and that an acknowledgement must be appropriate for the pc's comm. The student must be broken of the habit of robotically using "Good," "Thank you" as the only acks. To teach further that one can fail to get an acknowledgement across or can fail to stop a PC with an acknowledgement or can take a PC's head off with an acknowledgement.

**PATTER:** The coach says "Start," reads a line and says "Flunk" every time the coach feels there has been an improper acknowledgement. The coach repeats the same line each time the coach says "Flunk." "That's it" may be used to terminate for discussion or terminate the session. "Start," must be used to begin a new coaching after a "That's it,"

**HISTORY:** Developed by L. Ron Hubbard in London in April 1956 to teach new students that an acknowledgement ends a communication cycle and a period of time, that a new command begins a new period of time. Revised in 1961 and again in 1978 by L. Ron Hubbard. Further revised by L. Ron Hubbard in 1980 to include theory on the comm cycle.

**TR-2½**

**NUMBER:** TR 2½ REVISED 1978 RE-REVISED 1980

**NAME:** Half Acks.

**THEORY:** The same parts of the comm cycle are drilled on TR 2½ as on TR-2, with one exception; the emphasis here is on drilling Acknowledgement and Control in such a way as to bring about the “Continue” (or “change”) part of the Control cycle.

**PURPOSE:** To teach the student that a half acknowledgement is a method of encouraging a PC to communicate.

**COMMANDS:** The coach reads lines from “Alice in Wonderland,” omitting the “He said’s” and the student half acks the coach. The coach repeats any line he feels was not half acknowledged.

**POSITION:** The student and coach are seated facing each other at a comfortable distance apart.

**TRAINING STRESS:** Teach student that a half acknowledgement is an encouragement to the pc to continue talking. Curb over-acknowledgement that stops a pc from talking. Teach him further that a half ack is a way of keeping a PC talking by giving the PC the feeling that he is being heard.

**PATTER:** The coach says “Start.” reads a line and says “Flunk,” every time the coach feels there has been an improper half ack. The coach repeats the same line each time the coach says “Flunk, that's it,” may be used to terminate for discussion or terminate the session. If the session is terminated for discussion, the coach must say “Start,” again before it resumes.

**HISTORY:** Developed by L. Ron Hubbard in July 1978 to train auditors in how to get a pc to continue talking as in R3RA. Revised by L. Ron Hubbard in 1980 to include theory on the communication cycle.

### **TR-3**

**NUMBER:** TR-3 REVISED 1961 RE-REVISED 1980

**NAME:** Duplicative Question.

**THEORY:** On TR-3 the student is drilling using all the parts of the communication cycle, with emphasis on getting a communication duplicated and completed.

**PURPOSE:** To teach a student to duplicate without variation an auditing question, each time newly, in its own unit of time, not as a blur with other questions, and to acknowledge it. To teach that one never asks a second question until he has received an answer to the one asked.

**COMMANDS:** “Do fish swim?” or “Do birds fly?”

**POSITION:** Student and coach seated a comfortable distance apart.

**TRAINING STRESS:** One question and student acknowledgement of its answer in one unit of time which is then finished. To keep student from straying into variations of

command. Even though the same question is asked, it is asked as though it had never occurred to anyone before.

Duplicating the auditing question without variation in a new unit of time does NOT mean a robotic duplication of tone of voice, command after command. It means that the original question asked is asked in a new unit of time without variation of the question. Any idea that the student must give every command sounding exactly like the last command is a false datum and only serves to mis-train the student into robotic delivery.

The student must learn to give a command and receive an answer and to acknowledge it in one unit of time. The student is flunked if he or she fails to get an answer to the question asked, if he or she fails to repeat the exact questions, if he or she “Q and A’s” with excursions taken by the coach.

Q and A means: Asking a question that is based on the last answer. It never completes any cycle. (REF: HCOB 5 APR 1980, Q & A, *THE REAL DEFINITION*.) The student is also flunked for robotic delivery of the question or command.

**PATTER:** The coach uses “Start” and “Flunk.” “That’s it” is used to terminate the session. “Start,” must be used to begin a coaching session again after a “That’s it.”

The coach is not bound after starting to answer the student’s question but may comm lag or give a commenting type answer to throw the student off. Often the coach should answer. Somewhat less often the coach attempts to pull the student in to a Q and A or upset the student. Example:

Student: “Do fish swim?”

Coach: “Yes”

Student: “Good”

Student: “Do fish swim?”

Coach: “Aren’t you hungry?”

Student: “Yes.”

Coach: “Flunk”

When the question is not answered, the student must say, gently, “I’ll repeat the auditing question.” and do so until he gets an answer. Anything except commands, acknowledgement and as needed, the repeat statement is flunked. Unnecessary use of the repeat statement is flunked. A poor command is flunked. A poor acknowledgement is flunked. A Q and A is flunked (as in example). Student mis-emotion or confusion is flunked. Student failure to utter the next command (or with a long comm lag) is flunked. A choppy or premature acknowledgement is flunked. Lack of an acknowledgement (or with a distinct comm lag) is flunked. Any words from the coach except an answer to the question, “Start,” “Flunk.” “Good,” or “That’s it” should have no influence on the student except to get him to give a repeat statement and the command again. By repeat statement is meant, “I’ll repeat the auditing command.”

“Start,” “Flunk,” “Good” and “That’s it” may not be used to fluster or trap the student. Any other statement under the sun may be. The coach may try to leave his chair in this

TR. If he succeeds it is a flunk. The coach should not use introverted statements such as “I just had a cognition.” 'Coach divertive' statements should all concern the student, and should be designed to throw the student off and cause the student to lose session control or track of what the student is doing. The student's job is to keep a session going in spite of anything, using only command, the repeat statement or the acknowledgement. The student may use his or her hands to prevent a 'Blow' (leaving) of the coach. If the student does anything else than the above, it is a flunk and the coach must say so.

**HISTORY:** Developed by L. Ron Hubbard in London in April 1956, to overcome variations and sudden changes in sessions. Revised in 1961 by L. Ron Hubbard. The old TR has a communication bridge as part of its training, but this is now part of and is taught in Model Session and is no longer needed at this level. Auditors have been frail in getting their questions answered. This TR was redesigned to improve that frailty. Further revised by L. Ron Hubbard in 1980 to include the definition of Q and A, flunks for robotic delivery of question, and to include theory on the communication cycle.

## **TR-4**

**NUMBER:** TR-4 REVISED 1961 RE-REVISED 1980

**NAME:** Preclear Originations.

**THEORY:** On TR-4 the student drills handling another's origination of a communication cycle as well as handling his own cycle of communication and ensuring that both of these cycles are completed. All the parts of the cycle of communication come into play in this drill.

**PURPOSE:** To teach the student not to be tongue-tied or startled or thrown off session by originations of preclear and to maintain ARC with preclear throughout an origination.

**COMMANDS:** The student runs “Do fish swim?” or “Do birds fly?” on coach. Coach answers but now and then makes startling comments from a prepared list (see Attachment of this HCOB, taken from the Preclear Origination Sheet at the back of The Book of E-Meter Drills). Student must handle originations to satisfaction of coach.

**POSITION:** Student and coach sit facing each other at a comfortable distance apart.

**TRAINING STRESS:** The student is taught to hear origination and do three things.

1. Understand it;
2. Acknowledge it; and
3. Return preclear to session.

If the coach feels abruptness or too much time consumed or lack of comprehension, he corrects the student into better handling.

**PATTER:** All originations concern the coach, his ideas, reactions or difficulties, none concern the auditor. Otherwise the coach's patter is the same as in TR-3 (“Start”, “Flunk,” “That's it,” and "Start“ to resume the coaching session after a “That's it”).

The student's pattern is governed by:

1. Clarifying and understanding the origin.
2. Acknowledging the origin.
3. Giving the repeat statement "I'll repeat the auditing command," and then giving it.

Anything else is a flunk.

The auditor must be taught to prevent ARC breaks and differentiate between a vital problem that concerns the pc and a mere effort to blow session. (TR-3.) Flunks are given if the student does more than

1. Understand;
2. Acknowledge;
3. Return pc to session.

Flunks are also given for too abrupt a shift of attention or too slow a shift of attention back to the session, or for failure to return the pc to session at all.

Coach may throw in remarks personal to student as on TR-3. Student's failure to differentiate between these (by trying to handle them) and coach's remarks about self as "PC" is a flunk.

Student's failure to persist is always a flunk in any TR but here more so. Coach should not always read from list to originate, and not always look at student when about to comment. By Originate is meant a statement or remark referring to the state of the coach or fancied case. By Comment is meant a statement or remark aimed only at student or room. Originations are handled, Comments are disregarded by the student.

The coach uses the Comments & Originations Sheet, attached to this issue, choosing items at random to drill the student in handling.

When the student has mastered:

1. Understanding;
2. Acknowledging;
3. Returning pc to session,

the gradient is upped' and the student is flunked for any part of the comm cycle being out. This would include non-confront, failure to get a communication across, using a half acknowledgement improperly (and thus inviting the pc to continue endlessly when the PC isn't even answering the question asked) when a full stop acknowledgement is required, failure to encourage the PC to continue when it is necessary, failure to get the question answered or to deliver each command in a new unit of time, as well as any flub in handling preclear originations.

The drill is passed when the student can handle cycles of communication smoothly and



naturally.

**HISTORY:** Developed by L. Ron Hubbard in London in April 1956, to teach auditors to stay in session when preclear dives out. Revised by L. Ron Hubbard in 1961 to teach an auditor more about handling origins and preventing ARC breaks, further revised by L. Ron Hubbard in 1980 to include theory on the comm cycle.

As TR-5 is also part of the CCH's it can be disregarded in the comm course TR's despite its appearance on earlier lists for students and staff auditors.

### **ROBOTIC TR's**

Stiff, unnatural TRs are robotic TRs. Students and auditors who haven't mastered the TRs will handle communication robotically.

#### *Anatomy of A Robot*

It can be said of robots that:

1. They don't know what a comm cycle is.
2. They have never really passed OT TR-0.
3. They have never really passed TR-0.
4. They have never really passed TR-0 Bullbait.
5. They don't do TR-1 in a new unit of time each time they give it, so they all sound alike and they probably have TR-3 mixed up with TR-1, or they are stuck in an un-flat 0 Series (OT TR-0, TR-0, TR-0 BB).
6. They don't realize their TR's are addressed to the person in front of them but are probably addressed to the instructors for a pass.

And so, with a combination of the above, these students and auditors will look like robots. They would never get the product of a pc interested in his own case and willing to talk to the auditor. And it's possible that they don't know that that is their product. The point is, however, that it would be almost impossible for any student or auditor to go on looking like a robot if he actually did the TR's. The remedy for robotic TR's is to put the student back onto restudy of the basics, the ARC Triangle and the cycle of communication, and then to re-drill the TR's from OT TR-0 on up, each one this time to a real pass. With these standard actions done he will reach the EP and wind up a Valuable Final Product.

### **VALUABLE FINAL PRODUCT AND END PHENOMENON OF TR's ON A PROFESSIONAL TRS COURSE**

*The Primary Valuable Final Product of TR's is:*

*A Professional auditor who with comm handling alone can keep a PC interested in his own case and willing to talk to the auditor.*

*The Secondary Valuable Final Product of TR's is:*

*A person with the session and social presence of a professional auditor and that presence can be summed up as a being who can handle anyone with communication alone and whose communication can stand up faultlessly to any session or social situation no matter how rough.*

*The End Phenomenon of TR's is:*

*A being who knows he can achieve both of the above flawlessly and from here on out. With honest drilling of the cycle of communication on TR's these skills are fully achievable. And any being mastering these skills is capable in the extreme.*

L. RON HUBBARD  
Founder

LRH:dr

## COMMENTS AND ORIGINATIONS FOR USE ON TR-4

Taken from the Book of E-Meter Drills Preclear Origination Sheet

Definitions:

COMMENT: A statement or remark aimed at the student or the room.

ORIGINATION: A statement or remark referring to the state of the coach or his fancied case.

- 
- I have a pain in my stomach.
  - The room seems bigger.
  - My body feels heavy.
  - I had a twitch in my leg.
  - I feel like I'm sinking.
  - The colors in the room are brighter.
  - My head feels lopsided.
  - I feel wonderful.
  - I have an awful feeling of fear.
  - You are the first auditor who ever paid attention to my case.
  - I think I've backed up from my body.
  - I just realized I've had a headache for years.
  - This is silly.

- I feel all confused.
- That was a very good session yesterday.
- I've got a sharp pain in my back.
- When are we going to do some processing?
- I feel lighter somehow.
- I can't tell you.
- I feel terrible - like I'd lost something, or something.
- WOW - I didn't know that before.
- The room seems to be getting dark.
- Say, this really works.
- I feel awfully tense.
- You surely are a good auditor.
- That wall seems to move toward me.
- If you give me that command again, I'll bust you in the mouth.
- I feel like something just hit me in the chest.
- You surely have a nice office here.
- I feel warm all over.
- By the way, I won that tennis tournament yesterday.
- My head feels like it has a tight band around it.
- When are you going to get a haircut?
- I seem to see the wall behind my body.
- This processing is worth the fee.
- I feel like I was all hemmed in somehow.
- Who is going to win the Cup Final?
- It seems like I'm as tall as this building.
- This chair is so comfortable I could go to sleep.
- I feel like I could just suddenly break something.

- I keep thinking about that copper who blew his whistle at me this morning.
- I can see facsimiles better.
- Things suddenly look a lot brighter.
- Aren't we finished with this yet?
- I feel like I'm floating.
- It looks like the wall is caving in on me.
- That wall looks really thin.
- WOW!!! W-O-W!!!!!!!
- How long do we have to do this processing?
- OUCH, OH OUCH.
- My face tingles.
- I'm getting sleepy.
- This is the first time I have ever really been in session.
- I'm starving.
- Let's go to lunch.
- I remember a time when I fell down and hurt my zorch.
- Can I have a cigarette?
- What does this have to do with religion?
- Suddenly I'm so tired.
- Everything is getting blurry.
- What time do we get through?
- I thought we were going to use Dianetics.
- Is this room rocking?
- How much longer do we have to run this process?
- You are by far the worst auditor I've ever had.
- Your eyes stink.
- I just realized how wrong I've been all my life.

- Do these processes work differently on men than on women?
- I feel like there's a spider's web on my face.
- My left knee hurts.
- I feel so light!
- Isn't it getting hotter in here?
- I just remembered the first time I went swimming.
- My back has been aching like this for years.
- How much do you weigh?
- Are you clear?
- Can you make your body rise up in the air?
- I kind of ache all over. That's a somatic, isn't it?
- How many engrams have you had run out?
- What is this "Assist" I keep hearing about?
- What does Scientology say about ghosts?
- Have you ever seen an Operating Thetan?
- How are you going to prove to me that I have a soul?
- I feel like killing myself.
- How long will it take me to get clear?
- I just realized how terrible my mother actually was.
- Are you married?
- Hold my hand.
- I feel so lonesome.
- How many hours have you been processed?
- I feel like I can't talk.
- My body is starting to shake all over.
- My ribs hurt.
- I feel just like the time I got run over by that car.



- Everything seems to be getting dark.
- Could we stop and talk for a little while?
- Don't you get tired of listening to someone like me?
- Can you make my hair curly?
- How long will it take me to lose 20 pounds?
- Kiss me.
- You are my re-incarnated husband of 20,000 years ago.
- Why are you talking so much?
- That last process isn't flat.
- I'm sick. You're dead.
- I'm dead too.
- We are all dead.
- I love death.
- Kill me.
- Beat me.
- No, – No, no, no, NO!!!!!!
- Moo Gum Guy Pan.
- Sum Gum War Sue Up.
- Fizzle Wizzle Bum Crum.
- I am going to vomit on you if you don't stop.
- I absolutely love the way you handle originations!
- You are sweet.

LRH:dr

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