

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF 14 NOVEMBER 1987
Issue II

Remimeo
Class 0 Auditors
and above
C/Ses

(This HCOB gives the full list of processes for Expanded Grade 0, assembled per HCOB 24 Jan. 77, TECH CORRECTION ROUNDUP. It is to be run on all cases programed for Expanded Grade 0, effective immediately.)

**EXPANDED GRADE 0
PROCESS CHECKLIST**

Refs:

CLASSIFICATION, GRADATION AND AWARENESS CHART OF LEVELS
& CERTIFICATES

Tape: 6607C26 "Classification Chart and Auditing"

Cancels:

BTB 15 Nov. 76 II 0-IV EXPANDED GRADE PROCESSES—
QUADS PART B, GRADE 0 PROCESSES

PC _____ DATE _____

AUDITOR _____

CASE SUPERVISOR _____

NOTE: This HCOB is to be used ONE FOR EACH PC as a checklist for that pc and belongs in his/her folder. IT IS DONE DURING session, not filled in after.

Each process is run to F/N, cognition, VGIs and release per HCOB 20 Feb. 70, FLOATING NEEDLES AND END PHENOMENA. As each process or flow is run to EP (or found not to be reading, per HCOB 23 June 80RA, CHECKING QUESTIONS ON GRADES PROCESSES), it is clearly marked off with the date.

On any of these processes, if the pc answers only "yes" to the command, find out what it was by asking "What was it?" (Ref: HCOB 30 June 62, ARC PROCESS)

Some of the processes on the checklist require that the auditor find terminals to use in the process commands. The following are references for use in finding terminals: HCOB 7 Aug. 59, THE HANDLING OF COMMUNICATION PROCESSES, SOME RAPID DATA; HCOB 28 Sept. 71, C/S Series 62, KNOW BEFORE YOU GO; HCOB 30 June 67, EVIDENCES OF AN ABERRATED AREA; HCOB 27 May 70R, UNREADING QUESTIONS AND ITEMS; HCOB 19 Aug. 59, HAS CO-AUDIT-FINDING TERMINALS; and HCOB 10 Nov. 60, FORMULA 13.

All the reading processes and flows on this checklist are run on the pc, with the Quad Grade Process and its Havingness Process run last.

1. A BASIC COMM PROCESS

(Ref: HCOB 4 May 59, AN AFFINITY PROCESS)

F1 RECALL A TIME ANOTHER COMMUNICATED TO YOU.

(Run repetitively to EP.)

F2 RECALL A TIME YOU COMMUNICATED TO ANOTHER.

(Run repetitively to EP.)

F3 RECALL A TIME OTHERS COMMUNICATED TO OTHERS.

(Run repetitively to EP.)

F0 RECALL A TIME YOU COMMUNICATED TO YOURSELF.

(Run repetitively to EP.)

2. A NEW COMM PROCESS

(Ref: HCOB 2 Mar. 61, NEW PREHAV COMMAND)

Part One:

1. RECALL NOT WANTING TO COMMUNICATE.

2. RECALL ANOTHER NOT WANTING TO COMMUNICATE.

3. RECALL NOT WANTING ANOTHER TO COMMUNICATE.

4. RECALL ANOTHER NOT WANTING YOU TO COMMUNICATE.

5. RECALL ANOTHER NOT WANTING OTHERS TO COMMUNICATE.

(Run consecutively, i.e., 1,2,3,4,5,1,2, etc., to EP.)

Part Two:

F1 1. RECALL ANOTHER'S COMMUNICATION TO YOU.

2. RECALL ANOTHER'S NO-COMMUNICATION TO YOU.

(Run alternately to EP.)

F2 1. RECALL A COMMUNICATION OF YOURS TO ANOTHER.

2. RECALL A NO-COMMUNICATION OF YOURS TO ANOTHER.

(Run alternately to EP.)

- F3 1. **RECALL OTHERS' COMMUNICATION TO OTHERS.**
2. **RECALL OTHERS' NO-COMMUNICATION TO OTHERS.**
- (Run alternately to EP.)

- F0 1. **RECALL A COMMUNICATION OF YOURS, TO YOURSELF.**
2. **RECALL A NO-COMMUNICATION OF YOURS, TO YOURSELF.**
- (Run alternately to EP.)

3. **LOCATIONAL COMMUNICATION PROCESS**
(Ref: HCOB 7 May 59, NEW PROCESS)

Part One:

- F1 **RECALL A PLACE FROM WHICH ANOTHER HAS COMMUNICATED TO YOU.**
- (Run repetitively to EP.)

- F2 **RECALL A PLACE FROM WHICH YOU HAVE COMMUNICATED TO ANOTHER.**
- (Run repetitively to EP.)

- F3 **RECALL A PLACE FROM WHICH OTHERS HAVE COMMUNICATED TO OTHERS.**
- (Run repetitively to EP.)

- F0 **RECALL A PLACE FROM WHICH YOU HAVE COMMUNICATED TO YOURSELF.**
- (Run repetitively to EP.)

Part Two:

- F1 **FROM WHERE COULD ANOTHER COMMUNICATE TO YOU?**
- (Run repetitively to EP.)

- F2 **FROM WHERE COULD YOU COMMUNICATE TO ANOTHER?**
- (Run repetitively to EP.)

- F3 **FROM WHERE COULD OTHERS COMMUNICATE TO OTHERS?**
- (Run repetitively to EP.)

- F0 **FROM WHERE COULD YOU COMMUNICATE TO YOURSELF?**
- (Run repetitively to EP.)

Part Three:

F1 FIND A PLACE FROM WHICH ANOTHER COULD COMMUNICATE TO YOU.

(Run repetitively to EP.)

F2 FIND A PLACE FROM WHICH YOU COULD COMMUNICATE TO ANOTHER.

(Run repetitively to EP.)

F3 FIND A PLACE FROM WHICH OTHERS COULD COMMUNICATE TO OTHERS.

(Run repetitively to EP.)

F0 FIND A PLACE FROM WHICH YOU COULD COMMUNICATE TO YOURSELF.

(Run repetitively to EP.)

4. R2-31 BEINGNESS PROCESSING

(Ref: Book: *Creation of Human Ability*, Section on Route 2, R2-31)

Part A:

1. LOOK AROUND THE ROOM AND DISCOVER SOME OBJECT WHICH YOU DON'T MIND BEING PRESENT.

2. LOCATE SOMETHING ELSE YOU DON'T MIND BEING PRESENT.

(Give the first command, then run second command repetitively to EP.)

Part B:

1. NOW SEE THIS (room object) HERE.

2. ALL RIGHT, WHAT ELSE WOULDN'T YOU MIND THIS (room object) BEING?

To start with, the auditor picks an object that the pc was comfortable with in running Part A and uses it in commands 1 and 2 above. Command 2 is run repetitively on that object until all comm lag is gone from the question.

The auditor then selects other objects in the area and uses the same question on them. This is continued, i.e., 1, 2, 2, 2, 2, 1, 2, 2, 1, 2, 2, 2, 2, etc., each time selecting a different object in (1) and then running (2) on it repetitively until there is no comm lag.

(Run per instructions above to EP.)

Part C:

1. NOW WHAT WOULDN'T YOU MIND YOUR BODY BEING?

2. AND NOW WHAT ELSE WOULDN'T YOU MIND YOUR BODY BEING?

(Give the first command, then run second command repetitively to EP.)

Part D:

1. **NOW LET'S FIND SOMETHING YOU WOULDN'T MIND BEING.**

2. **WHAT ELSE WOULDN'T YOU MIND BEING?**

(Give the first command, then run second command repetitively to EP.)

5. **VIEWPOINT STRAIGHTWIRE**

(Ref: VIEWPOINT STRAIGHTWIRE, 3 May 54)

Note: Clear the second command for part A of this process with both "another" and "others" and run whichever reads best. Then use the same version (either "another" or "others") in clearing and running the remaining parts.

A. 1. **WHAT QUESTION WOULDN'T YOU MIND ASKING?**

2. **WHAT QUESTION WOULDN'T YOU MIND ANOTHER (OTHERS) ASKING?**

(Run alternately to EP.)

B. 1. **WHAT WOULDN'T YOU MIND KNOWING?**

2. **WHAT WOULDN'T YOU MIND ANOTHER (OTHERS) KNOWING?**

(Run alternately to EP.)

C. 1. **WHAT WOULDN'T YOU MIND LOOKING AT?**

2. **WHAT WOULDN'T YOU MIND ANOTHER (OTHERS) LOOKING AT?**

(Run alternately to EP.)

D. 1. **WHAT EMOTION WOULDN'T YOU MIND OBSERVING?**

2. **WHAT EMOTION WOULDN'T YOU MIND ANOTHER (OTHERS) OBSERVING?**

(Run alternately to EP.)

E. 1. **WHAT EMOTION WOULDN'T YOU MIND EXPERIENCING?**

2. **WHAT EMOTION WOULDN'T YOU MIND ANOTHER (OTHERS) EXPERIENCING?**

(Run alternately to EP.)

- F. 1. **WHAT EFFORT WOULDN'T YOU MIND OBSERVING?**
2. **WHAT EFFORT WOULDN'T YOU MIND ANOTHER (OTHERS) OBSERVING?**
(Run alternately to EP.)
- G. 1. **WHAT EFFORT WOULDN'T YOU MIND EXPERIENCING?**
2. **WHAT EFFORT WOULDN'T YOU MIND ANOTHER (OTHERS) EXPERIENCING?**
(Run alternately to EP.)
- H. 1. **WHAT WOULDN'T YOU MIND THINKING ABOUT?**
2. **WHAT WOULDN'T YOU MIND ANOTHER (OTHERS) THINKING ABOUT?**
(Run alternately to EP.)
- I. 1. **WHAT SYMBOL WOULDN'T YOU MIND OBSERVING?**
2. **WHAT SYMBOL WOULDN'T YOU MIND ANOTHER (OTHERS) OBSERVING?**
(Run alternately to EP.)
- J. 1. **WHAT EATINGNESS WOULDN'T YOU MIND VIEWING?**
2. **WHAT EATINGNESS WOULDN'T YOU MIND ANOTHER (OTHERS) VIEWING?**
(Run alternately to EP.)
- K. 1. **WHAT WOULDN'T YOU MIND EATING?**
2. **WHAT WOULDN'T YOU MIND ANOTHER (OTHERS) EATING?**
(Run alternately to EP.)
- L. 1. **WHAT SEXUAL ACTIVITY WOULDN'T YOU MIND OBSERVING?**
2. **WHAT SEXUAL ACTIVITY WOULDN'T YOU MIND ANOTHER (OTHERS) OBSERVING?**
(Run alternately to EP.)
- M. 1. **WHAT SEXUAL ACTIVITY WOULDN'T YOU MIND EXPERIENCING?**
2. **WHAT SEXUAL ACTIVITY WOULDN'T YOU MIND ANOTHER (OTHERS) EXPERIENCING?**
(Run alternately to EP.)

- N. 1. **WHAT SOUND WOULDN'T YOU MIND HEARING?**
2. **WHAT SOUND WOULDN'T YOU MIND ANOTHER (OTHERS) HEARING?**
(Run alternately to EP.)
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- O. 1. **WHAT MOTION WOULDN'T YOU MIND OBSERVING?**
2. **WHAT MOTION WOULDN'T YOU MIND ANOTHER (OTHERS) OBSERVING?**
(Run alternately to EP.)
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Note: Clear the first command for part P of this process with both “what” and “who” and run whichever reads best. Then use the same version (either “what” or “who”) in clearing and running parts P through U. Continue using “another” or “others” in the second part of the process as determined in part A above.

- P. 1. **WHAT (WHO) WOULD IT BE ALL RIGHT TO LIKE?**
2. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR ANOTHER (OTHERS) TO LIKE?**
(Run alternately to EP.)
-

- Q. 1. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR YOU TO DISLIKE?**
2. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR ANOTHER (OTHERS) TO DISLIKE?**
(Run alternately to EP.)
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- R. 1. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR YOU TO AGREE WITH?**
2. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR ANOTHER (OTHERS) TO AGREE WITH?**
(Run alternately to EP.)
-

- S. 1. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR YOU TO DISAGREE WITH?**
2. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR ANOTHER (OTHERS) TO DISAGREE WITH?**
(Run alternately to EP.)
-

- T. 1. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR YOU TO COMMUNICATE WITH?**
2. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR ANOTHER (OTHERS) TO COMMUNICATE WITH?**
(Run alternately to EP.)

- U. 1. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR YOU TO REFUSE TO COMMUNICATE WITH?**
2. **WHAT (WHO) WOULD IT BE ALL RIGHT FOR ANOTHER (OTHERS) TO REFUSE TO COMMUNICATE WITH?**
(Run alternately to EP.)

- V. 1. **WHAT WOULD IT BE ALL RIGHT FOR YOU TO REMAIN IGNORANT OF?**
2. **WHAT WOULD IT BE ALL RIGHT FOR ANOTHER (OTHERS) TO REMAIN IGNORANT OF?**
(Run alternately to EP.)

6. AN OBVIOUS PROCESS

(Ref: HCOB 17 Mar. 60, STANDARDIZED SESSIONS)

Part One:

Find by folder study what *forms* of life and MEST the preclear's attention is fixed upon. Write down the terminals found and assess them on the meter. On any terminals that are not reading, put in the Suppress and Invalidate buttons. Run all reading terminals in order of largest read, using the following command:

THINK OF A _____.

(Run repetitively to EP.)

When all reading terminals have been run, go on to the next part of the process.

Part Two:

A. **THINK ABOUT MATTER.**

(Run repetitively to EP.)

B. **THINK ABOUT ENERGY.**

(Run repetitively to EP.)

C. **THINK ABOUT SPACE.**

(Run repetitively to EP.)

D. **THINK ABOUT TIME.**

(Run repetitively to EP.)

E. THINK ABOUT A THETAN.

(Run repetitively to EP.)

7. VALENCE SPLITTING PROCESS

(Ref: HCOB 18 Nov. 59, 1st MELBOURNE ACC MATERIAL)

Write down a list of terminals found by folder study. These can be either specific terminals (e.g., “Bill” or “Mary”) or general terminals (e.g., “a husband” or “a policeman”). Either type of terminal can be used in this process.

Assess them on the meter. On any terminals that are not reading, put in the Suppress and Invalidate buttons.

Run each reading terminal in the following process, in order of largest read.

1. TELL ME A DIFFERENCE BETWEEN _____ AND YOURSELF.

2. TELL ME A SIMILARITY BETWEEN _____ AND YOURSELF.

(Run alternately to EP.)

8. R2-60 THE HIDDEN COMMUNICATION

(Ref: Book: *Creation of Human Ability*, Section on Route 2, R2-60)

Part One:

In running this process the auditor may have to direct the preclear closely with “Point to the spot,” “How far away does it seem?” “Are you spotting a hidden communication there?” and such questions, meanwhile keeping good ARC.

F1 SPOT SOME COMMUNICATIONS ANOTHER HAS HIDDEN FROM YOU.

(Run per instructions above, to EP.)

F2 SPOT SOME COMMUNICATIONS YOU HAVE HIDDEN FROM ANOTHER.

(Run per instructions above, to EP.)

F3 SPOT SOME COMMUNICATIONS OTHERS HAVE HIDDEN FROM OTHERS.

(Run per instructions above, to EP.)

F0 SPOT SOME COMMUNICATIONS YOU HAVE HIDDEN FROM YOURSELF.

(Run per instructions above, to EP.)

Part Two:

In running this process the auditor may have to direct the preclear closely with “Point to the spot,” “How far away does it seem?” “Are you spotting a protected communication there?” and such questions, meanwhile keeping good ARC.

F1 SPOT SOME COMMUNICATIONS ANOTHER HAS PROTECTED FROM YOU.

(Run per instructions above, to EP.)

F2 SPOT SOME COMMUNICATIONS YOU HAVE PROTECTED FROM ANOTHER.

(Run per instructions above, to EP.)

F3 SPOT SOME COMMUNICATIONS OTHERS HAVE PROTECTED FROM OTHERS.

(Run per instructions above, to EP.)

F0 SPOT SOME COMMUNICATIONS YOU HAVE PROTECTED FROM YOURSELF.

(Run per instructions above, to EP.)

Part Three:

In running this process the auditor may have to direct the preclear closely with “Point to the spot,” “How far away does it seem?” “Are you spotting an owned communication there?” and such questions, meanwhile keeping good ARC.

F1 SPOT SOME COMMUNICATIONS OF YOURS THAT ANOTHER HAS OWNED.

(Run per instructions above, to EP.)

F2 SPOT SOME COMMUNICATIONS OF ANOTHER'S THAT YOU HAVE OWNED.

(Run per instructions above, to EP.)

F3 SPOT SOME COMMUNICATIONS OF OTHERS' THAT OTHERS HAVE OWNED.

(Run per instructions above, to EP.)

F0 SPOT SOME COMMUNICATIONS OF YOURS THAT YOU HAVE OWNED.

(Run per instructions above, to EP.)

Part Four:

In running this process the auditor may have to direct the preclear closely with, “Point to the spot,” “How far away does it seem?” “Are you spotting an inhibited communication there?” and such questions, meanwhile keeping good ARC.

F1 SPOT SOME COMMUNICATIONS OF YOURS THAT ANOTHER HAS INHIBITED.

(Run per instructions above, to EP.)

F2 SPOT SOME COMMUNICATIONS OF ANOTHER’S THAT YOU HAVE INHIBITED.

(Run per instructions above, to EP.)

F3 SPOT SOME COMMUNICATIONS OF OTHERS’ THAT OTHERS HAVE INHIBITED.

(Run per instructions above, to EP.)

F0 SPOT SOME COMMUNICATIONS OF YOURS THAT YOU HAVE INHIBITED.

(Run per instructions above, to EP.)

Part Five:

In running this process the auditor may have to direct the preclear closely with “Point to the spot,” “How far away does it seem?” “Are you spotting an enforced communication there?” and such questions, meanwhile keeping good ARC.

F1 SPOT SOME COMMUNICATIONS ANOTHER HAS ENFORCED ON YOU.

(Run per instructions above, to EP.)

F2 SPOT SOME COMMUNICATIONS YOU HAVE ENFORCED ON ANOTHER.

(Run per instructions above, to EP.)

F3 SPOT SOME COMMUNICATIONS OTHERS HAVE ENFORCED ON OTHERS.

(Run per instructions above, to EP.)

F0 SPOT SOME COMMUNICATIONS YOU HAVE ENFORCED ON YOURSELF.

(Run per instructions above, to EP.)

Part Six:

In running this process the auditor may have to direct the preclear closely with, “Point to the spot,” “How far away does it seem?” “Are you spotting a desired communication there?” and such questions, meanwhile keeping good ARC.

F1 SPOT SOME COMMUNICATIONS ANOTHER HAS DESIRED FROM YOU.

(Run per instructions above, to EP.)

F2 SPOT SOME COMMUNICATIONS YOU HAVE DESIRED FROM ANOTHER.

(Run per instructions above, to EP.)

F3 SPOT SOME COMMUNICATIONS OTHERS HAVE DESIRED FROM OTHERS.

(Run per instructions above, to EP.)

F0 SPOT SOME COMMUNICATIONS YOU HAVE DESIRED FROM YOURSELF.

(Run per instructions above, to EP.)

Part Seven:

In running the remaining steps of this process, once the preclear has spotted the thing asked for, ask: “Are you spotting it in the physical universe?” If so, “All right, point to it,” “How far away does it seem?” “Spot some more _____” and so on, using these commands consecutively.

A. SPOT SOME HIDDEN KNOWINGNESS.

(Run per instructions above, to EP.)

B. SPOT SOME PROTECTED KNOWINGNESS.

(Run per instructions above, to EP.)

C. SPOT SOME OWNED KNOWINGNESS.

(Run per instructions above, to EP.)

D. SPOT SOME INHIBITED KNOWINGNESS.

(Run per instructions above, to EP.)

E. SPOT SOME ENFORCED KNOWINGNESS.

(Run per instructions above, to EP.)

F. SPOT SOME DESIRED KNOWINGNESS.

(Run per instructions above, to EP.)

G. SPOT SOME KNOWINGNESS THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

9. R2-60 HIDDEN KNOWINGNESS (KNOW TO MYSTERY)

(Ref: Book: *Creation of Human Ability*, Section on Route 2, R2-60)

In running each leg of this process, once the preclear has spotted the thing asked for, ask: “Are you spotting it in the physical universe?” If so, “All right, point to it,” “How far away does it seem?” “Spot some more _____” and so on, using these commands consecutively.

A1. SPOT SOME MYSTERIES.

(Run per instructions above, to EP.)

A2. SPOT SOME HIDDEN SEX.

(Run per instructions above, to EP.)

A3. SPOT SOME HIDDEN EATING.

(Run per instructions above, to EP.)

A4. SPOT SOME HIDDEN SYMBOLS.

(Run per instructions above, to EP.)

A5. SPOT SOME HIDDEN THINKING.

(Run per instructions above, to EP.)

A6. SPOT SOME HIDDEN EFFORTS.

(Run per instructions above, to EP.)

A7. SPOT SOME HIDDEN EMOTIONS.

(Run per instructions above, to EP.)

A8. SPOT SOME HIDDEN LOOKING.

(Run per instructions above, to EP.)

A9. SPOT SOME HIDDEN KNOWING.

(Run per instructions above, to EP.)

B1. SPOT SOME PROTECTED MYSTERIES.

(Run per instructions above, to EP.)

B2. SPOT SOME PROTECTED SEX.

(Run per instructions above, to EP.)

B3. SPOT SOME PROTECTED EATING.

(Run per instructions above, to EP.)

B4. SPOT SOME PROTECTED SYMBOLS.

(Run per instructions above, to EP.)

B5. SPOT SOME PROTECTED THINKING.

(Run per instructions above, to EP.)

B6. SPOT SOME PROTECTED EFFORTS.

(Run per instructions above, to EP.)

B7. SPOT SOME PROTECTED EMOTIONS.

(Run per instructions above, to EP.)

B8. SPOT SOME PROTECTED LOOKING.

(Run per instructions above, to EP.)

B9. SPOT SOME PROTECTED KNOWING.

(Run per instructions above, to EP.)

C1. SPOT SOME OWNED MYSTERIES.

(Run per instructions above, to EP.)

C2. SPOT SOME OWNED SEX.

(Run per instructions above, to EP.)

C3. SPOT SOME OWNED EATING.

(Run per instructions above, to EP.)

C4. SPOT SOME OWNED SYMBOLS.

(Run per instructions above, to EP.)

C5. SPOT SOME OWNED THINKING.

(Run per instructions above, to EP.)

C6. SPOT SOME OWNED EFFORTS.

(Run per instructions above, to EP.)

C7. SPOT SOME OWNED EMOTIONS.

(Run per instructions above, to EP.)

C8. SPOT SOME OWNED LOOKING.

(Run per instructions above, to EP.)

C9. SPOT SOME OWNED KNOWING.

(Run per instructions above, to EP.)

D1. SPOT SOME INHIBITED MYSTERIES.

(Run per instructions above, to EP.)

D2. SPOT SOME INHIBITED SEX.

(Run per instructions above, to EP.)

D3. SPOT SOME INHIBITED EATING.

(Run per instructions above, to EP.)

D4. SPOT SOME INHIBITED SYMBOLS.

(Run per instructions above, to EP.)

D5. SPOT SOME INHIBITED THINKING.

(Run per instructions above, to EP.)

D6. SPOT SOME INHIBITED EFFORTS.

(Run per instructions above, to EP.)

D7. SPOT SOME INHIBITED EMOTIONS.

(Run per instructions above, to EP.)

D8. SPOT SOME INHIBITED LOOKING.

(Run per instructions above, to EP.)

D9. SPOT SOME INHIBITED KNOWING.

(Run per instructions above, to EP.)

E1. SPOT SOME ENFORCED MYSTERIES.

(Run per instructions above, to EP.)

E2. SPOT SOME ENFORCED SEX.

(Run per instructions above, to EP.)

E3. SPOT SOME ENFORCED EATING.

(Run per instructions above, to EP.)

E4. SPOT SOME ENFORCED SYMBOLS.

(Run per instructions above, to EP.)

E5. SPOT SOME ENFORCED THINKING.

(Run per instructions above, to EP.)

E6. SPOT SOME ENFORCED EFFORTS.

(Run per instructions above, to EP.)

E7. SPOT SOME ENFORCED EMOTIONS.

(Run per instructions above, to EP.)

E8. SPOT SOME ENFORCED LOOKING.

(Run per instructions above, to EP.)

E9. SPOT SOME ENFORCED KNOWING.

(Run per instructions above, to EP.)

F1. SPOT SOME DESIRED MYSTERIES.

(Run per instructions above, to EP.)

F2. SPOT SOME DESIRED SEX.

(Run per instructions above, to EP.)

F3. SPOT SOME DESIRED EATING.

(Run per instructions above, to EP.)

F4. SPOT SOME DESIRED SYMBOLS.

(Run per instructions above, to EP.)

F5. SPOT SOME DESIRED THINKING.

(Run per instructions above, to EP.)

F6. SPOT SOME DESIRED EFFORTS.

(Run per instructions above, to EP.)

F7. SPOT SOME DESIRED EMOTIONS.

(Run per instructions above, to EP.)

F8. SPOT SOME DESIRED LOOKING.

(Run per instructions above, to EP.)

F9. SPOT SOME DESIRED KNOWING.

(Run per instructions above, to EP.)

G1. SPOT SOME MYSTERIES THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

G2. SPOT SOME SEX THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

G3. SPOT SOME EATING THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

G4. SPOT SOME SYMBOLS THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

G5. SPOT SOME THINKING THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

G6. SPOT SOME EFFORTS THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

G7. SPOT SOME EMOTIONS THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

G8. SPOT SOME LOOKING THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

G9. SPOT SOME KNOWING THAT PEOPLE COULD BE CURIOUS ABOUT.

(Run per instructions above, to EP.)

10. PREHAV SCALE COMM PROCESSES

(Ref: HCOB 2 Feb. 61, COMMAND SHEET, PREHAVINGNESS SCALE)

Part One:

1. **WHAT COMMUNICATION WOULD YOU CONSIDER BAD?**

2. **WHAT COMMUNICATION WOULD ANOTHER CONSIDER GOOD?**

(Run alternately to EP.)

Part Two:

1. **WHO HAS FAILED TO COMMUNICATE TO YOU?**

2. **WITH WHOM HAVE YOU FAILED TO COMMUNICATE?**

3. **WHAT HAS FAILED TO COMMUNICATE TO YOU?**

4. **WITH WHAT HAVE YOU FAILED TO COMMUNICATE?**

(Run consecutively, i.e., 1,2,3,4,1,2, etc., to EP.)

Part Three:

1. **WHO HAS COMMUNICATED TO YOU?**

2. **WITH WHOM HAVE YOU COMMUNICATED?**

3. **WHAT HAS COMMUNICATED TO YOU?**

4. **WITH WHAT HAVE YOU COMMUNICATED?**

(Run consecutively, i.e., 1,2,3,4,1,2, etc., to EP.)

11. AXIOM 51 COMM PROCESS

(Ref: PAB 56, AXIOM 51 AND COMMUNICATION PROCESSING)

Write down a list of terminals found by folder study. If any of these are specific terminals (e.g., "Bill"), convert each one to a general terminal. Don't peg the pc to one lifetime with a proper name.

Right: "a husband"

Wrong: "Bill"

Wrong: "your husband"

For example, if the terminal is worded as "Bill," find out what Bill is to the pc. Use what the pc describes Bill to be. Bill will turn out to be "a husband" or "a friend" or "a mechanic" or some generalized terminal. Watch the meter while doing this and note any read as pc gives the generalized form of the terminal.

Any terminals found by folder study that are *already* in generalized form should simply be assessed on the meter to see if they now read.

On any terminals that are not reading, put in the Suppress and Invalidate buttons.

Run each reading general terminal in the following process, in order of largest read.

F1 WHAT WOULDN'T _____ MIND YOU COMMUNICATING WITH?

(Run repetitively to EP.)

F2 WHAT WOULDN'T YOU MIND _____ COMMUNICATING WITH?

(Run repetitively to EP.)

F3 WHAT WOULDN'T OTHERS MIND _____ COMMUNICATING WITH?

(Run repetitively to EP.)

F0 WHAT WOULDN'T YOU MIND COMMUNICATING TO YOURSELF ABOUT _____?

(Run repetitively to EP.)

12. PAB 54 COMMUNICATION PROCESS
(Ref: PAB 54, REALITY LEVEL OF PRECLEAR)

Part One:

THINK A THOUGHT.

The preclear is given this command time and time again, and he vocalizes the thought back to the auditor, and the auditor acknowledges the fact that he has received that thought, aloud.

Part of the "Think a thought" process is to have the preclear place the thought in various locations after he has thought it. Have his shoe think a thought, have his hat think a thought, have a lamp think the thought, have a rug think the thought. This gets the preclear into the practice of placing the thought somewhere.

(Run per the instructions to EP.)

Part Two:

F1 TELL ME A THOUGHT YOU WOULD BE WILLING TO RECEIVE FROM ANOTHER.

(Run repetitively to EP.)

F2 TELL ME A THOUGHT ANOTHER WOULD BE WILLING TO RECEIVE FROM YOU.

(Run repetitively to EP.)

F3 TELL ME A THOUGHT OTHERS WOULD BE WILLING TO RECEIVE FROM OTHERS.

(Run repetitively to EP.)

F0 TELL ME A THOUGHT YOU WOULD BE WILLING TO RECEIVE FROM YOURSELF.

(Run repetitively to EP.)

13. **UNIVERSAL PROCESSES**
(Ref: HCOB 25 Sept. 59, HAS CO-AUDIT)

Assess the following:

- a. **the physical universe** _____
- b. **a body** _____
- c. **a mind** _____
- d. **a thetan** _____

Run each reading item, in order of largest read, in the following process.

F1 FROM WHERE COULD _____ COMMUNICATE TO YOU?

(Run repetitively to EP.) _____

F2 FROM WHERE COULD YOU COMMUNICATE TO _____?

(Run repetitively to EP.) _____

F3 FROM WHERE COULD _____ COMMUNICATE TO OTHERS?

(Run repetitively to EP.) _____

F0 FROM WHERE COULD YOU COMMUNICATE TO YOURSELF ABOUT _____?

(Run repetitively to EP.) _____

14. **LOCATION BODY COMM PROCESS**
(Ref: HCOB 14 Apr. 60, NEW PE DATA)

Make a list of body parts and assess them on a meter. Assess for a body part that falls, not what the pc says. The body parts that fall will be real to the pc. An obviously ill part may not be real. On any body parts that are not reading, put in the Suppress and Invalidate buttons. Reach each reading body part, in order of largest read, in the following process.

F1 FROM WHERE COULD A _____ COMMUNICATE TO YOU?

(Run repetitively to EP.) _____

F2 FROM WHERE COULD YOU COMMUNICATE TO A _____?

(Run repetitively to EP.) _____

F3 FROM WHERE COULD A _____ COMMUNICATE TO OTHERS?

(Run repetitively to EP.) _____

F0 FROM WHERE COULD YOU COMMUNICATE TO YOURSELF ABOUT A _____?

(Run repetitively to EP.) _____

15. PAB 60 COMM PROCESS

(Ref: PAB 60, "ANYTHING—EVERYTHING—NOTHING")

1. **GIVE ME SOME THINGS YOUR BODY WOULDN'T MIND COMMUNICATING WITH.**
2. **GIVE ME SOME THINGS YOU WOULDN'T MIND YOUR BODY COMMUNICATING WITH.**

(Run alternately to EP.)

16. SEPARATING UNIVERSES

(Ref: PAB 60, "ANYTHING—EVERYTHING—NOTHING")

Find out from the preclear what people in his family he thinks he most resembles. (Do not ask the pc, "Who do you think you most resemble?" Ask, "Tell me some people in your family you think you most resemble.") Write down the terminals pc gives, noting any reads.

All terminals run on this process should be general terminals.

Example: If the pc says "my father" (LF), the auditor would run "a father" in the process. (No further meter read is needed, as the terminal "father" is reading.)

Example: If the pc says "I most resemble Jane" (F), the auditor needs to get the generalized form of this terminal. This is done by asking the pc, "What is Jane to you?" and watching the meter as the pc replies, noting any read. The pc will say, "She is my sister" (F), and the auditor would then run "a sister" in the process.

On any terminals that are not reading, put in the Suppress and Invalidate buttons.

Run each reading general terminal in the following process, in order of largest read.

F1 GIVE ME SOME THINGS YOU WOULDN'T MIND _____ SAYING TO YOU.

(Run repetitively to EP.)

F2 GIVE ME SOME THINGS YOU WOULDN'T MIND SAYING TO _____.

(Run repetitively to EP.)

F3 GIVE ME SOME THINGS YOU WOULDN'T MIND _____ SAYING TO OTHERS.

(Run repetitively to EP.)

F0 GIVE ME SOME THINGS YOU WOULDN'T MIND SAYING TO YOURSELF ABOUT _____.

(Run repetitively to EP.)

17. A CLEARING PROCEDURE

(Ref: HCOB 21 July 59, HGC ALLOWED PROCESSES)

- Assess the following:
- a. **male bodies** _____
 - b. **female bodies** _____
 - c. **bodies** _____
 - d. **MEST** _____

Run each reading item, in order of largest read, in the following process. On any items that are not reading, put in the Suppress and Invalidate buttons.

F1 FROM WHERE COULD _____ COMMUNICATE TO YOU?

(Run repetitively to EP.) _____

F2 FROM WHERE COULD YOU COMMUNICATE TO _____?

(Run repetitively to EP.) _____

F3 FROM WHERE COULD _____ COMMUNICATE TO OTHERS?

(Run repetitively to EP.) _____

F0 FROM WHERE COULD YOU COMMUNICATE TO YOURSELF ABOUT _____?

(Run repetitively to EP.) _____

18. A COMM PROCESS

(Ref: HCOB 21 July 59, HGC ALLOWED PROCESSES)

Ask the pc, "Tell me any persons or things you have been most sorry for or pitied." Note down the answers and their meter reads. (This is *not* listing and nulling.)

Any generalized terminals given by the pc (e.g., "a nun") are runnable as they are, providing they read on the meter.

Any specific terminals given by the pc (e.g., "George") must be converted to their generalized form. For example, if the pc said, "I have often pitied George" (F), the auditor needs to get the generalized form of this terminal. This is done by asking the pc, "What is George to you?" and watching the meter as the pc replies, noting any read. If the pc says, "George is a beggar" (F), the auditor would then run "a beggar" in the process.

On any generalized terminals that are not reading put in Suppress and Invalidate buttons.

Run each reading general terminal in the following process in order of largest read.

F1 FROM WHERE COULD A _____ COMMUNICATE TO YOU?

(Run repetitively to EP.)

F2 FROM WHERE COULD YOU COMMUNICATE TO A _____?

(Run repetitively to EP.)

F3 FROM WHERE COULD A _____ COMMUNICATE TO OTHERS?

(Run repetitively to EP.)

F0 FROM WHERE COULD YOU COMMUNICATE TO YOURSELF ABOUT A _____?

(Run repetitively to EP.)

19. AN HGC PROCESS

(Ref: HCOB 5 Aug. 59, HGC PROCESSES)

F1 FROM WHERE COULD A PERSON WITH DIFFICULTIES COMMUNICATE TO YOU?

(Run repetitively to EP.)

F2 FROM WHERE COULD YOU COMMUNICATE TO A PERSON WITH DIFFICULTIES?

(Run repetitively to EP.)

F3 FROM WHERE COULD A PERSON WITH DIFFICULTIES COMMUNICATE TO OTHERS?

(Run repetitively to EP.)

F0 FROM WHERE COULD YOU COMMUNICATE TO YOURSELF ABOUT A PERSON WITH DIFFICULTIES?

(Run repetitively to EP.)

20. EXPANDED CDEI COMM PROCESS

(Ref: HCOB 13 Oct. 59, DEI EXPANDED SCALE

HCOB 11 Aug. 78 I, RUDIMENTS DEFINITIONS AND PATTERN
Book: *Scientology 0-8*, Chapter V, part viii, "DEI to CDEI")

Write down a list of terminals found by folder study.

If any of these are specific terminals (e.g., "Bill"), convert each one to a generalized form.

Right: "a husband"

Wrong: "Bill"

Wrong: "your husband"

For example, if the terminal is worded as “Bill,” find out what Bill is to the pc. Use what the pc describes Bill to be. Bill will turn out to be “a husband” or “a friend” or “a mechanic” or some generalized terminal. Watch the meter while doing this and note any read as pc gives the generalized form of the terminal.

Any terminals found by folder study that are *already* in generalized form should simply be assessed on the meter to see if they now read.

On any terminals that are not reading, put in Suppress and Invalidate buttons.

Run each reading general terminal in the following process, in order of largest read.

Part One:

**F1 FROM WHERE COULD A REFUSED _____
COMMUNICATE TO YOU?**

(Run repetitively to EP.)

**F2 FROM WHERE COULD YOU COMMUNICATE TO A
REFUSED _____?**

(Run repetitively to EP.)

**F3 FROM WHERE COULD A REFUSED _____
COMMUNICATE TO OTHERS?**

(Run repetitively to EP.)

**F0 FROM WHERE COULD YOU COMMUNICATE TO
YOURSELF ABOUT A REFUSED _____?**

(Run repetitively to EP.)

Part Two:

**F1 FROM WHERE COULD A NO-_____
COMMUNICATE TO YOU?**

(Run repetitively to EP.)

**F2 FROM WHERE COULD YOU COMMUNICATE TO A
NO-_____?**

(Run repetitively to EP.)

**F3 FROM WHERE COULD A NO-_____
COMMUNICATE TO OTHERS?**

(Run repetitively to EP.)

**F0 FROM WHERE COULD YOU COMMUNICATE TO
YOURSELF ABOUT A NO-_____?**

(Run repetitively to EP.)

Part Three:

F1 FROM WHERE COULD AN UNWANTED _____
COMMUNICATE TO YOU?

(Run repetitively to EP.)

F2 FROM WHERE COULD YOU COMMUNICATE TO AN
UNWANTED _____?

(Run repetitively to EP.)

F3 FROM WHERE COULD AN UNWANTED _____
COMMUNICATE TO OTHERS?

(Run repetitively to EP.)

F0 FROM WHERE COULD YOU COMMUNICATE TO
YOURSELF ABOUT AN UNWANTED _____?

(Run repetitively to EP.)

Part Four:

F1 FROM WHERE COULD A NECESSARY _____
COMMUNICATE TO YOU?

(Run repetitively to EP.)

F2 FROM WHERE COULD YOU COMMUNICATE TO A
NECESSARY _____?

(Run repetitively to EP.)

F3 FROM WHERE COULD A NECESSARY _____
COMMUNICATE TO OTHERS?

(Run repetitively to EP.)

F0 FROM WHERE COULD YOU COMMUNICATE TO
YOURSELF ABOUT A NECESSARY _____?

(Run repetitively to EP.)

Part Five:

F1 FROM WHERE COULD A DESIRABLE _____
COMMUNICATE TO YOU?

(Run repetitively to EP.)

F2 FROM WHERE COULD YOU COMMUNICATE TO A
DESIRABLE _____?

(Run repetitively to EP.)

F3 FROM WHERE COULD A DESIRABLE _____
COMMUNICATE TO OTHERS?

(Run repetitively to EP.)

F0 FROM WHERE COULD YOU COMMUNICATE TO
YOURSELF ABOUT A DESIRABLE _____?

(Run repetitively to EP.)

Part Six:

F1 FROM WHERE COULD AN INTERESTING _____
COMMUNICATE TO YOU?

(Run repetitively to EP.)

F2 FROM WHERE COULD YOU COMMUNICATE TO AN
INTERESTING _____?

(Run repetitively to EP.)

F3 FROM WHERE COULD AN INTERESTING _____
COMMUNICATE TO OTHERS?

(Run repetitively to EP.)

F0 FROM WHERE COULD YOU COMMUNICATE TO
YOURSELF ABOUT AN INTERESTING _____?

(Run repetitively to EP.)

Part Seven:

F1 FROM WHERE COULD AN UNKNOWN _____
COMMUNICATE TO YOU?

(Run repetitively to EP.)

F2 FROM WHERE COULD YOU COMMUNICATE TO AN
UNKNOWN _____?

(Run repetitively to EP.)

F3 FROM WHERE COULD AN UNKNOWN _____
COMMUNICATE TO OTHERS?

(Run repetitively to EP.)

F0 FROM WHERE COULD YOU COMMUNICATE TO
YOURSELF ABOUT AN UNKNOWN _____?

(Run repetitively to EP.)

Part Eight:

F1 FROM WHERE COULD A KNOWN _____
COMMUNICATE TO YOU?

(Run repetitively to EP.)

F2 FROM WHERE COULD YOU COMMUNICATE TO A
KNOWN _____?

(Run repetitively to EP.)

F3 FROM WHERE COULD A KNOWN _____
COMMUNICATE TO OTHERS?

(Run repetitively to EP.)

F0 FROM WHERE COULD YOU COMMUNICATE TO
YOURSELF ABOUT A KNOWN _____?

(Run repetitively to EP.)

21. REMEDY OF COMMUNICATION SCARCITY
(Ref: Book: *Scientology 8-8008*, Chapter “Six Levels of Processing—Issue 5”)

F1 WHAT WOULDN'T ANOTHER MIND YOU COMMUNICATING WITH?

(Run repetitively to EP.)

F2 WHAT WOULDN'T YOU MIND ANOTHER COMMUNICATING WITH?

(Run repetitively to EP.)

F3 WHAT WOULDN'T OTHERS MIND OTHERS COMMUNICATING WITH?

(Run repetitively to EP.)

F0 WHAT WOULDN'T YOU MIND YOURSELF COMMUNICATING WITH?

(Run repetitively to EP.)

22. GRADE 0 PROCESSES

(Ref: HCOB 11 Dec. 64, SCIENTOLOGY 0 PROCESSES
HCOB 26 Dec. 64, ROUTINE 0A [EXPANDED])

A. ROUTINE 0-0

00 F1 1. WHAT ARE YOU WILLING FOR ME TO TALK TO YOU ABOUT?

2. WHAT WOULD YOU LIKE ME TO TELL YOU ABOUT THAT?

(Run alternately to EP.)

00 F2 1. WHAT ARE YOU WILLING TO TALK TO ME ABOUT?

2. WHAT WOULD YOU LIKE TO TELL ME ABOUT THAT?

(Run alternately to EP.)

00 F3 1. WHAT ARE YOU WILLING FOR ME TO TALK TO OTHERS ABOUT?

2. WHAT WOULD YOU LIKE ME TO TELL THEM ABOUT THAT?

(Run alternately to EP.)

00 F0 1. **WHAT ARE YOU WILLING TO TALK TO YOURSELF ABOUT BECAUSE OF ME?**

2. **WHAT WOULD YOU LIKE TO SAY ABOUT THAT?**

(Run alternately to EP.)

B. ROUTINE 0A

The auditor makes a list of things people generally can't talk to easily. That includes parents, policemen, governments and God. But it's a far longer list. The auditor must compile this list himself or herself out of session. It may be added to by the auditor from time to time. It must never be published as a "canned list." Scientology Instructors and Scientology personnel should not be listed on it as it leads to upset in sessions. The list is assessed on the pc and the longest reading item is used in all four flows of 0A as given below. *Then* the remaining items are taken up and run in the same way, in order of largest read, until all reading items have been run. Each reading item is run on all four flows before the next reading item is run in the process. On any items that are not reading, put in the Suppress and Invalidate buttons.

0A F1 1. **IF (chosen subject) COULD TALK TO YOU WHAT WOULD HE/SHE TALK ABOUT?**

(Pc answers one or more things at greater or shorter length. When the pc seems satisfied the question has been answered, the auditor then says:)

2. **ALL RIGHT, IF (chosen subject) WERE TALKING TO YOU ABOUT THAT WHAT WOULD HE/SHE SAY, EXACTLY?**

(The pc is expected to give what would be said as though he were the subject in 1, talking.)

(Run 1 and 2 per above instructions, i.e., 1,2,1,2,1,2,1, etc., to EP.)

0A F2 1. **IF YOU COULD TALK TO (chosen subject) WHAT WOULD YOU TALK ABOUT?**

(Pc answers one or more things at greater or shorter length. When the pc seems satisfied the question has been answered, the auditor then says:)

2. **ALL RIGHT, IF YOU WERE TALKING TO (chosen subject) ABOUT THAT WHAT WOULD YOU SAY, EXACTLY?**

(The pc is expected to speak as though talking to the subject chosen in 1.)

(Run 1 and 2 per above instructions, i.e., 1,2,1,2,1,2,1, etc., to EP.)

- 0A F3
1. **IF OTHERS COULD TALK TO (chosen subject), WHAT WOULD THEY TALK ABOUT?**

(Pc answers one or more things at greater or shorter length. When the pc seems satisfied the question has been answered, the auditor then says:)

2. **ALL RIGHT, IF OTHERS WERE TALKING TO (chosen subject) ABOUT THAT WHAT WOULD THEY SAY, EXACTLY?**

(The pc is expected to speak as though he were the others talking to the chosen subject.)

(Run 1 and 2 per above instructions, i.e., 1,2,1,2,1,2,1, etc., to EP.)

- 0A F0
1. **IF YOU COULD TALK TO YOURSELF ABOUT (chosen subject) WHAT WOULD YOU TALK ABOUT?**

(Pc answers one or more things at greater or shorter length. When the pc seems satisfied the question has been answered, the auditor then says:)

2. **ALL RIGHT, IF YOU WERE TALKING TO YOURSELF ABOUT (chosen subject) WHAT WOULD YOU SAY, EXACTLY?**

(The pc is expected to speak as though talking to himself about the subject chosen in 1.)

(Run 1 and 2 per above instructions, i.e., 1,2,1,2,1,2,1, etc., to EP.)

C. ROUTINE 0B

The auditor makes a list (not from the pc but himself) of everything he can think of that is banned for any reason from conversation or is not generally considered acceptable for social communication. This includes nonsocial subjects like sexual experiences, water closet details, embarrassing experiences, thefts one has done, etc. Things nobody would calmly discuss in mixed company.

The list is assessed on the pc and the largest reading subject is run in all four flows of 0B. Then the next largest reading subject is run in all four flows, followed by the rest of the reading subjects in order of largest read. On any subjects that are not reading, put in the Suppress and Invalidate buttons.

- 0B F1 1. **WHAT WOULD YOU BE WILLING TO HAVE SOMEONE ELSE TELL YOU ABOUT _____?**

(When the pc has “run down” [as in clocks] ask:)

2. **WHO ELSE COULD HE OR SHE SAY THOSE THINGS TO?**

(Continue running 1 and 2 per above instructions, i.e., 1,2,1,2,1,2,1, etc., to EP.)

- 0B F2 1. **WHAT WOULD YOU BE WILLING TO TELL ME ABOUT _____?**

(When the pc has “run down” [as in clocks] ask:)

2. **WHO ELSE COULD YOU SAY THOSE THINGS TO?**

(Continue running 1 and 2 per above instructions, i.e., 1,2,1,2,1,2,1, etc., to EP.)

- 0B F3 1. **WHAT WOULD YOU BE WILLING TO HAVE OTHERS TELL OTHERS ABOUT _____?**

(When the pc has “run down” [as in clocks] ask:)

2. **WHO ELSE COULD THEY SAY THOSE THINGS TO?**

(Continue running 1 and 2 per above instructions, i.e., 1,2,1,2,1,2,1, etc., to EP.)

OB F0 1. WHAT WOULD YOU BE WILLING TO TELL YOURSELF ABOUT _____?

(When the pc has “run down” [as in clocks] ask:)

2. WHO ELSE COULD YOU SAY THOSE THINGS TO?

(Continue running 1 and 2 per above instructions, i.e., 1,2,1,2,1,2,1, etc., to EP.)

23. GRADE 0 HAVINGNESS

0H F1 LOOK AROUND HERE AND FIND SOMETHING YOU COULD TOUCH.

(Run repetitively to EP.)

0H F2 LOOK AROUND HERE AND FIND SOMETHING ANOTHER COULD TOUCH.

(Run repetitively to EP.)

0H F3 LOOK AROUND HERE AND FIND SOMETHING OTHERS COULD TOUCH.

(Run repetitively to EP.)

0H F0 FIND SOMETHING IN OR ON YOURSELF YOU COULD TOUCH.

(Run repetitively to EP.)

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